



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		February 1 Baked Chicken Breast with 1/4 cup Gravy 1/2 cup Creamy Ranch Noodles 1/2 cup Green Beans 4 oz. Chilled Apple Juice Whole Wheat Bread 1/2 cup Rice Pudding	February 2 Baked Pepper Steak with Peppers and Gravy 1/2 cup Rice Pilaf 1/2 cup Sweet Peas and Onions Whole Wheat Bread Fresh Fruit	February 3 Cheeseburger 1/4 cup Lettuce and 1 Slice Tomato 1 cup Homemade Vegetable Soup Sandwich Roll Saltines 1/2 cup Lime Frosted Pears (condiments)
		February 6 Hot Roast Beef with 1/4 cup Gravy 1/2 cup Baked Potato 1/2 cup Dill Green Beans 2 Slices Whole Wheat Bread Fresh Fruit	February 7 "February Birthdays" 1/2 cup Baked Chicken and Gravy over Waffles (2) 1/2 cup Fresh Pepper Slaw 1/2 cup Baby Carrots "Birthday Cake"	February 8 Baked Meatloaf with 1/4 cup Gravy 1/2 cup Whipped Potatoes 1/2 cup Sweet Corn 2 Slices Whole Wheat Bread 1/2 cup Cherry Crisp with Oatmeal Topping
February 13 3 oz. Roast Turkey with 1/4 cup Gravy 1/2 cup Succotash 1/2 cup Homemade Stuffing Whole Wheat Bread Fresh Fruit	February 14 "Valentines Special" Baked Chicken with Cream Sauce 1/2 cup Baked Potato with Sour Cream 1/2 cup Green Beans 2 Slices White Bread 1/2 cup Strawberry Mousse	February 15 Baked Swiss Steak with 1/4 cup Mushroom Gravy 1/2 cup O'Brien Potatoes 1/2 cup Sweet Peas 2 Slices White Bread 1/2 cup Vanilla Pudding	February 16 Baked Lasagna with Marinara Sauce 3/4 cup Tossed Salad with Tomato 4 oz. Frosty Pineapple Juice Italian Bread 1/2 cup Sherbet	February 17 1/2 cup Sloppy Joe Sandwich 1 cup Ham and Bean Soup Sandwich Roll Saltines 4 oz. Chilled Apple Juice 1/2 cup Sliced Peaches
February 20 Closed for President's Day!	February 21 Baked Chicken Supreme with 1/4 cup Cream Sauce 1/2 cup Bow Tie Pasta 1/2 cup Sliced Carrots Whole Wheat Bread Fresh Fruit	February 22 "Ash Wednesday" Baked Breaded Fish 1/2 cup Macaroni and Cheese 1/2 cup Stewed Tomatoes Whole Wheat Bread 1/2 cup Pineapples and Mandarin Oranges	February 23 BBQ Mock Spare Ribs 1/2 cup Buttered Potatoes 1/2 cup Sweet Corn Sandwich Roll 1/2 cup Sliced Peaches	February 24 Baked Salisbury Steak with 1/4 cup Gravy 1/2 cup Baked Potato with Sour Cream 1/2 cup Harvard Beets 2 Slices Whole Wheat Bread Fresh Fruit
February 27 Baked Paprika Chicken Breast with 1/4 cup Gravy 1/2 cup Oven Brown Potatoes 1/2 cup Green Beans 2 Slices Whole Wheat Bread 1/2 cup Chocolate Pudding	February 28 Baked Swedish Meatballs (4) with 1/4 cup Mushroom Gravy 1/2 cup Egg Noodles 1/2 cup Sliced Carrots Multi-Grain Bread 1/2 cup Cinnamon Applesauce	February 29 "Leap Year" "Bravo Italiano Day" 1 cup Baked Pizza Casserole 1/2 cup Tossed Salad with Tomato Garlic Bread Stick 4 oz. Rockin Grape Juice Fresh Fruit		

Served Daily: 1 teaspoon Margarine and 8 oz. Milk