



March 2018
Home Delivered Meal Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			March 1 Old Fashion Spread Sandwich with Lettuce and Tomato Broccoli Salad Pineapple Salad White Bread Peaches	March 2 Baked Haddock Florentine Rice Pilaf Yellow Beans Wheat Bread Baked Pear Crisp
March 5 BBQ Beef Ribette Cheesy Hashbrowns Green Beans White Bread Sliced Peaches	March 6 Baked Ham and Cheddar Sandwich with Lettuce and Tomato Beets Macaroni Salad White Bread Sliced Peaches	March 7 Meatball Minestrone with Peppers, Onions, and Sauce Butter Bowties Yellow Beans Wheat Bread Fresh Seasonal Fruit	March 8 Chicken Caesar Salad with Chicken and Parmesan Cheese Mixed Greens with Tomato Three-Bean Salad White Bread Blushed Pears	March 9 Baked Tuna Cake with Dill Sauce Vegetable Rice Pilaf Creamy Coleslaw Whole Wheat Bread Applesauce
March 12 Breaded Chicken Cutlet Au Gratin Potatoes Sweet Peas Wheat Bread Mandarin Oranges	March 13 Chef Salad with Ham, Turkey, Cheese, and Egg with Lettuce and Tomato Beets Italian Bread Tropical Fruit Salad	March 14 Roasted Turkey with Gravy Whipped Potatoes with Chives Sliced Carrots White Bread Spice Cake with Icing	March 15 Egg Salad Sandwich with Lettuce and Tomato Macaroni Salad Marinated Beans White Bread Pineapple Tidbits	March 16 <u>St Patrick's Day Special</u> Corned Beef and Cabbage Mashed Potatoes Green Beans Dinner Roll Pistachio Pudding
March 19 BBQ Chicken Breast Scalloped Potatoes Sweet and Sour Slaw Wheat Bread Brownie	March 20 Grilled Chicken Filet Sandwich with Lettuce and Tomato Potato Salad Baked Beans Sandwich Roll Sliced Peaches	March 21 Tomato and White Wine Braised Chicken Breast Rice Pilaf Mixed Bean Medley Wheat Bread Fresh Seasonal Fruit	March 22 Tuna Salad Wrap with Lettuce and Tomato Macaroni Salad Three-Bean Salad Honey Wheat Tortilla Cinnamon Apples	March 23 Black Bean Burger with Lettuce and Tomato Buttered Potatoes Green Beans Hamburger Bun Sliced Pears
March 26 Burgundy Beef with Mushrooms over Egg Noodles Carrots Wheat Bread Mixed Fruit Salad	March 27 Club Sandwich with Ham, Turkey, and Cheese with Lettuce and Tomato Cauliflower and Broccoli Salad Beets White Bread Applesauce	March 28 Pizza Burger Baked Sweet Potato Bites Creamy Coleslaw Hamburger Roll Vanilla Pudding	March 29 Potato Crusted Pollock Cheesy Shells Sweet Peas Biscuit Mandarin Oranges	March 30 Senior Centers Closed for Good Friday

*** All meals are subject to change ***

*** Served Daily: 8 ounces Milk and 1 teaspoon Margarine