

SUSQUEHANNA SENIOR CENTER NEWSLETTER



2427 Craley Road,
Wrightsville, PA
717-244-0340
info@sasc-craley.org
Hours Mon-Fri 8 am-2 PM



MARK YOUR CALENDARS FOR THESE SPECIAL ACTIVITIES & EVENTS!

June 3- 10:00	Town Hall Meeting
June 4 - 11:00	Root Beer Float Social
June 8 – 10:00	Belmonte Stakes & Infield Party
9:30	Haircuts with Missy \$
June 10 - 10:00	Nail Painting
June 11 - 10:00	TAFE Play
June 15 - 9:30	Father's Day Breakfast
June 17 – 10:00	Visit from Flinchbaugh's
June 18 – 10:00	Now You Have It/Now You Don't
10:30	Speaker – Making Budgets Work
June 19	CENTER CLOSED
June 22 – 9:30	Pet Therapy
June 23 – 11:00	Volunteer Appreciation and Member Meeting
June 24 – 10:30	Calendar Planning Meeting
June 25 – 10:30	Birthday Party & Summer Bash
June 29 – 10:30	Chorus Concert

NEWSLETTER UPDATE

We're making a small change to our newsletters to avoid repeating information. Beginning this issue, we'll be removing the activities listing on Page 2 and ask that you use your activity/ gym calendars for monthly programming information.

Thank you for your understanding and for helping us keep everything easy to follow!

Meet Us at the Table!

Town Hall Meeting, June 3rd at 10 am

Nothing brightens the day like a shared meal with friends. Whether it's conversation over coffee or lunch with familiar faces; gathering together keeps our community strong.

If you've been picking up meals as grab and go, we invite you to stop in, stay awhile, and enjoy the full experience with us. Good food, good company, and plenty of smiles included 😊

In the coming months, dining together will become more important than ever. If you're planning to join us for lunch, please be sure to register as "lunch" when signing up for meals. Even small changes like these, help support the programs, meals, and activities our members enjoy every day.

More information will be shared during our June 3rd Town Hall Meeting. **Grab and go members please plan to attend.** But for now, we hope to see you in the dining room soon.



MONDAY, JUNE 8 @ 10 AM



RIDER'S UP!!

You're invited to a morning of fun watching the Susquehanna Senior Center Belmont Stakes! Relax with a signature mocktail, while you watch some of your favorite jockeys run for the crown.

Jockeys are needed. Please see Ami to register.



June Movie
June 15 @ 9:15 am ,
Movie Trivia Game will follow



Thursday, June 11 @ 10 AM

Secrets at Senior Manor



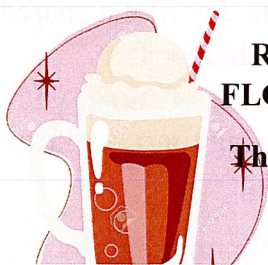
What's new at Senior Manor? Well... there are secret meetings, and whisperings amongst the various residents. Even Candy is puzzled about whatever might be going on. See if you can figure out what the residents are up to now!

Job Opportunity Available

We're looking for a new meal coordinator! If you enjoy working with seniors, want great hours, and have experience in the kitchen, we'd love to talk with you.

Volunteers Wanted

If working a set schedule isn't your thing, how about volunteering a few hours a month? Drivers and kitchen volunteers are needed. Call Stephanie at the center.



ROOT BEER FLOAT SOCIAL!

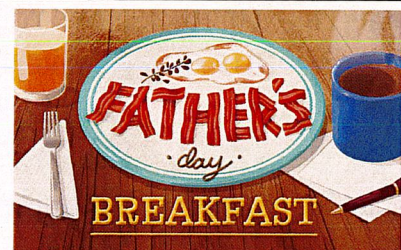
**Thursday, June 4
11 am**

ATTENTION QUILTERS

June 10 @ 9:30 am a representative from the York Fair will be at the center to register and pick up your quilting entries.

Upcoming Sub Sale Fundraiser

Sue's Market will be providing the subs. The sale will take place in June - date to be determined.

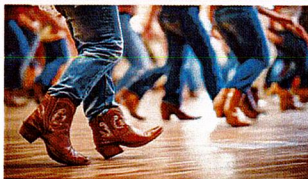


Monday, June 15 9:30 am
Preregistration required

JUNE BOOK CLUB

June 25 @ 10 am

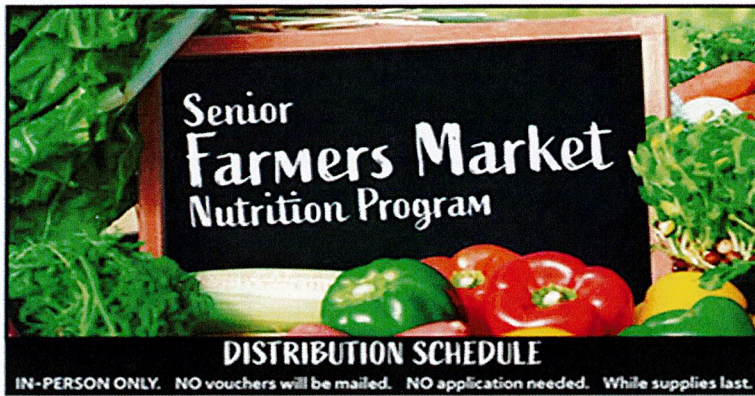
Please welcome Fawn as the new Book Club leader. For June, she's going to have a "show and tell" book club. Everyone is invited to talk about the best book they've ever read! If you have the book, please bring it. If not, just talk about it. Who knows ... maybe it will spark an interest, and others may want to read it too. 😊



Beginner Line Dancing to SASC members!

Join us the 1st and 3rd Monday of the month at 11:00
\$3 per class
June Classes are Monday June 1 and 15

REMINDER
THE CENTER
WILL BE
CLOSED
FRIDAY,
JUNE 19TH



DISTRIBUTION SCHEDULE
 IN-PERSON ONLY. NO vouchers will be mailed. NO application needed. While supplies last.
 Distribution times are 9 - 11:30 am

Thursday, June 4
York County Area Agency on Aging
 2401 Pleasant Valley Road, York

Thursday, June 11
Northeastern Senior Community Ctr.
 131 Center Street, Mount Wolf

Friday, June 12
Crispus Attucks Association
 605 S. Duke Street, York

Monday, June 15
Windy Hill on the Campus
 1472 Roths Church Road, Spring Grove

Thursday, June 18
September House Senior Center
 1251 W. King Street, York

Monday, June 22
Delta Senior Center
 5 Pendyrus Street, Suite 1, Delta

Wednesday, June 24
Stewartstown Senior Center
 14 College Avenue, Stewartstown

Friday, June 26
South Central Senior Center
 150 E. Main Street, New Freedom

Monday, June 29
Flinchbaugh's Orchard (pavilion)
 110 Ducktown Road, Hellam

Tuesday, June 30
Dillsburg Senior Community Center
 1 N. Second Street, Dillsburg

Thursday, July 2
Red Land Senior Center
 1230 Rosstown Road, Lewisberry

Wednesday, July 8
Calvary United Methodist Church
 11 N. Richland Avenue, York

Thursday, July 9
St. Matthew's Lutheran Church
 30 W. Chestnut Street, Hanover

Wednesday, July 10
Golden Connections Community Ctr.
 20-C Gotham Place, Red Lion

Tuesday, July 14
Yorktown Senior Center
 509 Pacific Avenue, York

Wednesday, July 15
St. David's E.C. Church
 2411 Oakland Road, Dover

Tuesday, July 16
White Rose Senior Center
 27 S. Broad Street, York

Tuesday, July 21
Brown's Orchard & Market (pavilion)
 8892 Susquehanna Trail S., Loganville

Thursday, July 23
Susquehanna Senior Center
 2427 Craley Road, Wrightsville

Wednesday, July 29
York County Area Agency on Aging
 2401 Pleasant Valley Road, York

Tuesday, August 11
White Rose Senior Center
 27 S. Broad Street, York

Distributed by
 York County Area Agency on Aging
 in conjunction with
 Pennsylvania Dept. of Agriculture

Eligible seniors can receive
FREE (\$25)
 for purchase of
 fresh fruits & vegetables
 grown in Pennsylvania.

Vouchers are redeemable
June 1st - November 30th
 at participating farmers' markets
 throughout Pennsylvania.

**2026 Gross Annual
 Income Requirements**

1-person Household
 (\$2,461/month) or less
\$29,526

2-person Household
 (\$3,336/month) or less
\$40,034

3-person Household
 (\$4,212/month) or less
\$50,542



Eligibility Requirements

- Must show proof of age & York County residency at the distribution site
- Must be age 60 or older by December 31, 2026
- Must be a York County resident
- Cannot live in a nursing, personal care, or residential facility where meals are provided
- Cannot have already received the SFMNP \$25 in 2026

Proxy Forms

- Required for eligible seniors authorizing another person to pick up vouchers for them. Includes POA's, spouses, family members, etc. Only 2026 forms accepted.
- ID for both the eligible person AND the proxy are required

Proxy forms are available

- On the YCAAA.org website
- At York County Senior Centers
- At the York County Area Agency on Aging 2401 Pleasant Valley Road, York PA 17402

LOOKING AHEAD

- The center will be closed Friday, July 3rd for Independence Day
- July 14 – Medicare Presenter
- July 16 – Wendy Fink
- July 23 – Farmers Market Vouchers

August 25 – Wizard of Oz Day!!!

Signup sheets for volunteers are in the white book for those who want to help




Thank you to our members and community who supported
Susquehanna Senior Center for the month of June:

Anonymous Donors (3)
 Frank & Janice Kober
 East Prospect Lions Club
 Irene Rothhaar



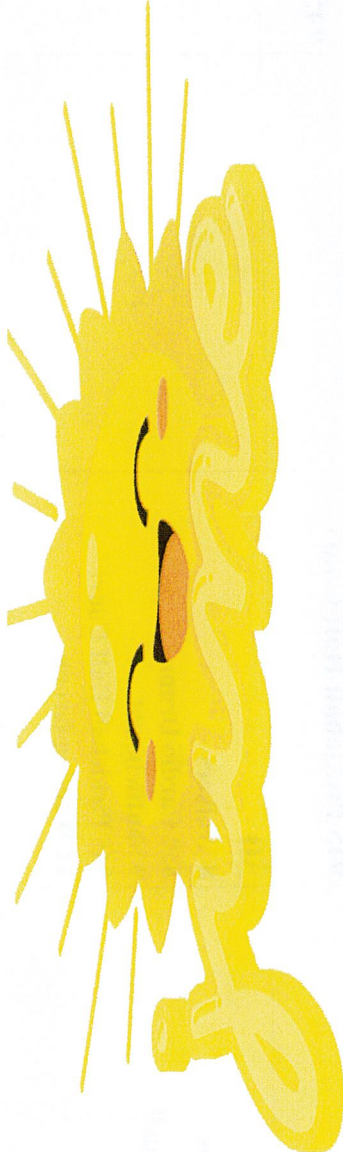
June

York County

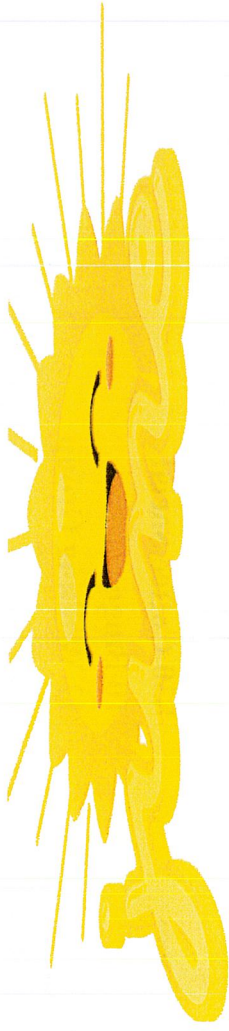
Monday	Tuesday	Wednesday	Thursday	Friday
1 Creamy Vegetable Lasagna Shredded Mozzarella California Blend Vegetables Peas & Onions Garlic Breadstick Seasonal Fresh Fruit	2 Meatball Hoagie w/ Mozzarella Cheese Pasta Fagioli Soup Side Salad w/ Dressing Seasonal Fresh Fruit Hot Dog Bun <div style="background-color: #4CAF50; color: white; padding: 2px; display: inline-block;">NEW ITEM</div>	3 Fire Grilled Chicken Breast Cheesy Broccoli & Rice Carrots Diced Peas Dinner Roll <div style="background-color: #4CAF50; color: white; padding: 2px; display: inline-block;">NEW ITEM</div>	4 Cheeseburger Golden Roasted Potatoes Tossed Salad w/ Tomato Hamburger Bun Mandarin Oranges	5 Open Faced Turkey Sandwich w/ Gravy Whipped Potatoes w/ Chives Sweet Corn White Bread Cookie
8 Stadium Hot Dog Cheesy Potatoes Seasoned Green Peas Hot Dog Bun Pineapple Tidbits	9 Turkey Chef Salad Turkey, HB Egg, Cheddar, over Mixed Greens w/ Tomato Vegetable Soup Wheat Bread Pudding	10 Swedish Meatballs Buttered Noodles Green Beans Dinner Roll Applesauce	11 Chicken Salad Sandwich Tomato Cucumber Salad Macaroni Salad Fresh Fruit Hamburger Bun	12 Salisbury Steak w/ Gravy Baked Potato w/ Margarine Mixed Vegetables Wheat Bread Cookie
15 Bagged Lunch Italian Sandwich Coleslaw Pasta Salad Fresh Fruit	16 Taco Salad Taco Meat, Cheddar, Lettuce, Tomato, Salsa Tortilla Chips Rice Pineapple	17 Pasta & Meatballs Pasta w/ Marinara Tossed Salad w/ Tomato Italian Bread Mixed Fruit Salad	18 Chicken Philly Sandwich Cream of Potato Soup Coleslaw Hot Dog Bun Cookie	19 Happy Juneteenth! Closed
22 Tortellini w/ Meat Sauce Garlic Green Beans Diced Peaches Breadstick Cookie <div style="background-color: #4CAF50; color: white; padding: 2px; display: inline-block;">NEW ITEM</div>	23 Happy Father's Day! Bratwurst w/ Sauerkraut Potato Salad Baked Beans Hot Dog Roll Ice Cream Cup Mustard	24 Pizza Burger Garlic Whipped Potatoes Carrots Hamburger Bun Fresh Fruit	25 Chicken, Spinach & Cranberry Salad w/ Dressing Mixed Greens & Spinach Cream of Cauliflower Soup Dinner Roll Pudding	26 French Dip Sandwich w/ Gravy Buttered Pasta Peas Hot Dog Bun Pineapple Delight
29 Bagged Lunch Bologna & Cheese Coleslaw Fresh Fruit Cookie	30 Swiss Steak w/ Gravy Cabbage & Noodles Green Beans Wheat Bread Pineapple Delight			

Chef Guy is our Corporate Chef and Director of Nutrition. He is always cooking up delicious new recipes that are also nutritious!

Activities



Mon	Tue	Wed	Thu	Fri
1 9 Music Lessons 9 Activity Bingo 930 Bible Study 10 Chorus	2 830 Coffee Social 10 Bingo	3 9 Quilting 930 Bible Study 10 Townhall Meeting 12 Shut the Box	4 9 Music Lessons 930 Brain Games w/ Ginnie Kite 11 Root Beer Floats	5 830 Coffee Social 10 Bingo
8 9 Music Lessons 10 Belmonte Stakes Race & Infield Party 930 Haircuts w/ Missy 10 Chorus 12 Word Finds (IA)	9 830 Coffee Social 10 Bingo 12 Seated Dance Fitness	10 9 Quilting 10 Nail Painting 11 Summer Crossword (IA)	11 9 Music Lessons 10 TAFF Play 1030 Catholic Harvest 1130 BP Checks	12 830 Coffee Social 10 Bingo
15 9 Music Lessons 915 Movie 930 Father's Day Breakfast 10 Chorus 11 Movie Trivia (IA)	16 830 Coffee Social 10 Bingo 12 Walking Group	17 9 Quilting 930 Bible Study 10 Flinchbaugh's presentation 1130 Spot the Difference IA	18 9 Music Lessons 10 NYH/NYD 1030 Speaker-- Making Budgets Work	19 Closed
22 9 Music Lessons 9 Craft-- Fish Bowls 930 Pet Therapy 10 Chorus 10 Uzzle (IA) 11 Walk	23 830 Coffee Social 10 Bingo 11 Volunteer Appreciation & Members Mtg	24 9 Quilting 10 Scrabble 1030 Calendar Planning Meeting	25 9 Music Lessons 10 Book Club 1030 Birthday Party & Summer Bash 11 Raffle drawings	26 830 Coffee Social 11 Coloring Pages (IA) 1130 Balloon Volleyball
29 9 Music Lessons 930 Sip & Paint 10 Chorus 1030 Chorus Concert	30 830 Coffee Social 10 Bingo 12 Walking Group			** Activities are subject to change **Hours are Monday-Friday 8am-2pm



Gym & Fitness

Mon	Tue	Wed	Thu	Fri
1 8 Walkers 9 Pickleball 11 Line Dancing	2 8 Walkers 830 Cardio Drum 9 Shuffleboard 945 Pickleball Half Court 12 Walking Group	3 830 Yoga 8 Walkers 9 Pickleball	4 8 Walkers 830 Fitness 9 Shuffleboard 945 Pickleball Half Court	5 8 Walkers 9 Pickleball
8 8 Walkers 9 Pickleball	9 8 Walkers 830 Cardio Drum 9 Shuffleboard 945 Pickleball Half Court 12 Seated Dance Fitness	10 830 Yoga 8 Walkers 9 Pickleball	11 8 Walkers 830 Fitness 9 Shuffleboard 945 Pickleball Half Court	12 8 Walkers 9 Pickleball
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